



ABOS General Recertification Examination Blueprint

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Table of Contents

General Principles	3-6%
Biostatistics/epidemiology	0.5-1%
Legal/ethical	0.5-1%
Basic Science Principles	2-4%
Spine	5-9%
Cervical	1-4%
Thoracic	0.5-1%
Lumbar	1-3%
Nonspecific site	1-2%
Upper Extremities	32-36%
Scapula	0.5-1%
Shoulder joint	8-11%
Humerus	2-4%
Elbow joint	3-6%
Radius/ulna	4-7%
Wrist joint	2-4%
Hand	3-6%
Other/multiple sites, upper extremities	1-2%
Lower Extremities	35-39%
Hip joint	7-10%
Femur	1-3%
Knee joint	10-13%
Tibia/fibula	4-7%
Ankle joint	1-4%
Foot	3-6%
Other/multiple sites	1-2%
Multiple Sites	9-13%
Multiple trauma	1-3%
Complications following surgical procedures	1-4%
Medical Aspects of Sports Medicine	0.5-1%
Arthritis/rheumatologic disease	1-3%
Other	3-6%
Neoplasms	3-7%
Benign	1-4%
Malignant	1-4%

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<i>General Principles</i>	3-6%
Biostatistics/epidemiology	0.5-1%
<ul style="list-style-type: none">• Interpretation of Epidemiologic Information• Study Design and Interpretation• Hypothesis Testing and Statistical Interference	
Legal/ethical	0.5-1%
Basic Science Principles	2-4%
<ul style="list-style-type: none">• Biology• Biomechanics	

Spine	5-9%
Cervical	1-4%
<ul style="list-style-type: none"> • Fracture/dislocation/instability • Spinal Cord Injury Syndromes • Herniated Nucleus Pulposus • Arthritis, inflammatory (Rheumatoid) • Arthritis, degenerative 	
Thoracic	0.5-1%
<ul style="list-style-type: none"> • Fracture/dislocation/instability • Spinal Cord Injury Syndromes • Herniated Nucleus Pulposus • Arthritis, inflammatory (Rheumatoid) • Arthritis, degenerative 	
Lumbar	1-3%
<ul style="list-style-type: none"> • Fracture/dislocation/instability • Spinal Cord Injury Syndromes • Herniated Nucleus Pulposus • Arthritis, inflammatory (Rheumatoid) • Arthritis, degenerative 	
Nonspecific site	1-2%
<ul style="list-style-type: none"> • Infection • Scoliosis not elsewhere classified 	

Upper Extremities	32-36%
Scapula	0.5-1%
Shoulder joint	8-11%
<ul style="list-style-type: none"> • Dislocations/Instability • Fracture • Arthritis, inflammatory • Arthritis, degenerative <ul style="list-style-type: none"> • Tendinitis • Tears • Labral Injuries • Articular Injuries • Osteonecrosis <ul style="list-style-type: none"> • Nerve injury/compression • Infection 	
Humerus	2-4%
<ul style="list-style-type: none"> • Proximal • Shaft • Distal 	
Elbow joint	3-6%
<ul style="list-style-type: none"> • Dislocations/Instability • Fracture • Arthritis, inflammatory • Arthritis, degenerative • Tendinitis • Tears • Cartilage • Osteonecrosis 	
Radius/ulna	4-7%
<ul style="list-style-type: none"> • Proximal • Shaft • Distal 	

Wrist joint (including carpal bones)	2-4%
<ul style="list-style-type: none">• Dislocations/Instability• Fracture• Arthritis, inflammatory• Arthritis, degenerative• Tendon/muscle• Cartilage	
Hand	3-6%
<ul style="list-style-type: none">• Dislocations/Instability• Fractures• Arthritis, inflammatory, digits• Arthritis, degenerative, digits• Tendon/muscle	
Other/multiple sites, upper extremities	1-2%

Lower Extremities	35-39%
Hip joint	7-10%
<ul style="list-style-type: none"> • Dislocations/Instability • Fractures • Arthritis, inflammatory • Arthritis, degenerative • Tendon/tear • Osteonecrosis 	
Femur	1-3%
<ul style="list-style-type: none"> • Fractures (subtrochanteric) 	
Knee joint	10-13%
<ul style="list-style-type: none"> • Dislocations/Instability • Fracture • Arthritis, inflammatory • Arthritis, degenerative • Tendon/muscle • Osteonecrosis • Patellofemoral dislocation/instability 	
Tibia/fibula	4-7%
<ul style="list-style-type: none"> • Fractures (plateau) • Fractures • Fractures (pilon) • Tendon/muscle <ul style="list-style-type: none"> • Tendinitis • Tears 	
Ankle joint	1-4%
<ul style="list-style-type: none"> • Dislocations/Instability • Fracture • Arthritis, inflammatory • Arthritis, degenerative • Tendon/muscle 	

Foot	3-6%
<ul style="list-style-type: none">• Dislocations/Instability• Fracture• Charcot Foot• Pes Planus• Pes Cavus• Arthritis, inflammatory (Rheumatoid)• Arthritis, degenerative (osteoarthritis)• Cartilage	
Other/multiple sites	1-2%

<i>Multiple Sites</i>	9-13%
Multiple trauma	1-3%
Complications following surgical procedures	1-4%
<ul style="list-style-type: none"> • Thromboembolus • Deep venous thrombosis 	
Medical aspects of sports medicine	0.5-1%
Arthritis/rheumatologic disease	1-3%
Other	3-6%

<i>Neoplasms</i>	<i>3-7%</i>
<i>Benign</i>	<i>1-4%</i>
<i>Malignant</i>	<i>1-4%</i>