



ABOS Shoulder and Elbow Recertification Examination Blueprint

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Instability	8-12%
Other	7-13%
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Trauma	7-15%
Instability	1-3%
Reconstruction	2-6%
Other	2-4%
Neurovascular	5-11%
General	1-3%

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Shoulder	53-90%
Trauma	11-21%
• Clavicle fracture (middle, lateral, medial)	1-3%
• Acromioclavicular joint (instability, arthritis)	2-4%
• Scapula (glenoid fracture, acromion, coracoid, body)	0.5-1.5%
• Proximal humeral fracture	6-8%
• Humeral shaft fracture	0.5-1.5%
• Malunion/nonunion (proximal humerus, clavicle, humeral shaft)	1-3%
Reconstruction	27-41%
• Rotator cuff tendonitis/tendinopathy	2-4%
• Rotator cuff tear	6-8%
• Proximal biceps tendinopathy/tear	2-4%
• Glenohumeral osteoarthritis	7-9%
• Arthritis with massive cuff tear	6-8%
• Other arthritis (osteonecrosis, posttraumatic, chondrolysis, capsulorrhaphy, inflammatory arthritis)	2-4%
• Infection (postoperative, septic vs aseptic arthritis, periprosthetic)	2-4%
Instability	8-12%
• Anterior instability	6-8%
• Posterior, multidirectional instability	2-4%
Other	7-13%
• Throwing shoulder (scapular dyskinesia, superior labrum, glenohumeral internal rotation deficit, Little Leaguer's shoulder, internal impingement)	3-5%
• Shoulder stiffness (adhesive capsulitis, postoperative, posttraumatic)	2-4%
• Other (calcific tendonitis, Os acromiale, sternoclavicular joint, pectoralis rupture, snapping scapula)	2-4%

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(continued)

Elbow	12-28%
Trauma	7-15%
• Distal humerus fracture	2-4%
• Proximal radial and ulnar fracture (radial head, Monteggia, coronoid, olecranon)	2-4%
• Acute elbow instability (simple, complex, posteromedial rotatory instability)	2-4%
• Tendon rupture (distal biceps, distal triceps)	1-3%
Instability	1-3%
• Medial collateral ligament injury	0.5-1.5%
• Posterolateral rotatory instability	0.5-1.5%
Reconstruction	2-6%
• Arthritis (inflammatory, posttraumatic, joint replacement vs interposition)	1-3%
• Contracture/heterotopic ossification (osteoarthritis, posttraumatic)	0.5-1.5%
• Infection (postoperative, septic vs aseptic arthritis, periprosthetic)	0.5-1.5%
Other	2-4%
• Tendinopathy/olecranon bursitis (medial and lateral epicondylitis)	0.5-1.5%
• Cartilage (osteochondritis dissecans/Panner's/synovial chondromatosis)	0.5-1.5%
• Other (arthroscopy, loose body, portal placement, posteromedial impingement)	0.5-1.5%

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(continued)

Neurovascular	5-11%
• Cervical spine radiculopathy 4-7 [diagnosis] /herniated nucleus pulposus	0.5-1.5%
• Peripheral neuropathy shoulder (scapular winging, long thoracic, spinal accessory, suprascapular, axillary)	2-4%
• Peripheral neuropathy arm/elbow (radial, ulnar, musculocutaneous)	1-3%
• Other (vascular, thoracic outlet, Charcot shoulder, neoplasm - shoulder/humerus [diagnosis], metastatic disease - shoulder/humerus, brachial plexus, Parsonage Turner)	1-3%

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(continued)

General	1-3%
• Legal/ethical [non research]	0.5-1.5%
• Perioperative management (anesthesia complications, deep vein thrombosis prophylaxis, pain management)	0.5-1.5%